

When the enemy  
comes to steal  
your peace

One-minute read by Tiny Mathew



## Keep our mind stayed on Him

*Isaiah 26:3-4 exhorts, You keep him in perfect peace whose mind is stayed on you because he trusts in you. Trust in the LORD forever, for the LORD GOD is an everlasting rock.*

Focus not on your problems, the bank account, the angry spouse or the virus! Peace will invade your situation when your focus **stays** on Jesus.



## **Be full of joy!**

Cultivate the habit of being full of joy.

Consider who is with you and in you  
and stay joyful.



## Tell God everything

Know the opinion of God in every station of your life. Try to get to the root issues of why things are happening, why your heart is disturbed, what makes you anxious.

Keep exposing your fears to God and He will give you the grace to overcome them.



# Thank God!

Many Christians lack 'dignity' when fear and problems confound them. When the enemy attacks your peace, practice the power of thanks. It is a phenomenal posture of worship that defeats fear.

There are many reasons to be grateful for. Start by thanking God for all that He has already blessed you with!



## Fix your thoughts on...

*What is true, and honourable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise (Php 4:8).*

Finally, be intentional about your thoughts, and take into captive all that is not the above.





**TINY**  
**MATHEW**

[www.tinysm.com](http://www.tinysm.com)