



TINY MATHEW



FALSE HUMILITY

FIGHTING THE HIDDEN GIANT

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Unless otherwise noted, all Scripture quotations
are from the NKJV Version of the Bible.

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INTRODUCTION

Beloved, God's plans for your life are to prosper you and to give you a hope and a future. He is in the process of leading you to your Promised Land, and He wants you to overcome every Jordon, Jericho and giant along the way. Through this Quick Read Resource, I want to draw your attention to one unassuming giant that hides within us under the guise of humility and prevents us from attaining our promises.

Stay with me as we expose the giant of 'false humility' in the light of God's Word.

Recognising false humility

In our ministry, I've encountered a wide variety of people from diverse backgrounds, cultures, and countries. One thing I've noticed is that some individuals come across as arrogant, while others appear more humble. But often we mistake 'confidence' for 'arrogance' and 'fake humility' for 'humility'.

The Bible says in **James 4:6**, *God resists the proud, but gives grace to the humble.*

God is surely drawn to humility. But do you know there is a 'genuine humility' and then there is a 'fake humility'. The Bible alerts us about taking delight in false humility (**Col 2:18-23**).

18 Let no one cheat you of your reward, taking delight in false humility and worship of angels, intruding into those things which he has not seen, vainly puffed up by his fleshly mind, 19 and not holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God.

20 Therefore, if you died with Christ from the basic principles of the world, why, as though living in the world, do you subject yourselves to regulations— 21 “Do not touch, do not taste, do not handle,” 22 which all concern things which perish with the using—according to the commandments and doctrines of men? 23 These things indeed have an appearance of wisdom in self-imposed religion, false humility, and neglect of the body, but are of no value against the indulgence of the flesh.

So how does one recognise the giant of false humility? In the upcoming chapters, I'll walk you through **five red flags**—essential questions to help you recognise false humility. I'll also share practical keys to help you overcome it.





ARE YOU A GRATEFUL PERSON?

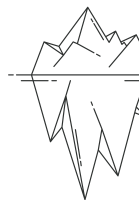
Yes, you read it right. Thankfulness is the foremost test of genuine humility vis-à-vis a fake one.

Are you always grumpy and complaining? Do you constantly have a negative mindset?

“Oh, if I was in that location, it would have been so much better, or if I had this job I would never lack, or if I had him/her as my spouse I would have been happier.” So on and so forth.

Some of you are so consistent in speaking negative that it has become a habit in your life. You may think you are humble in expressing your heart about your current situation, but when you are constantly being ungrateful for the things that God has blessed you with, you are actually being self-focussed and self-centred. And, that's a reflection of pride! In fact when you are not grateful for the things that the Lord has already blessed you with, it is a hindrance to genuine humility that can attract the grace of God over your life to change your situation.

Key to overcome: *Be thankful in everything. Celebrating God's mercies is the easiest way to get them multiplied over your life.*





DO YOU OFTEN DEVALUE YOURSELF?

A sign of false humility is when you constantly devalue yourself in self pity to look 'humble' before others, but deep in your heart you are craving for people's attention or approval.

Do you know that pride is manifested in someone who not just has a superiority complex, but even in the one who is constantly comparing himself to others and feels inferior about himself? That's because they are too proud to believe what the Word of God says about them. On the other hand, often when you see someone who is dressed elegantly and who know who they are, their confidence may come across as pride. But genuine humility is not looking down upon yourself. Genuine humility is in knowing your identity - You are a king and priest unto God. The Bible says in **Proverbs 11:2**, *When pride comes, then comes shame; But with the humble is wisdom.*

Sometimes when you experience a certain failure, do you feel like you don't 'deserve' to be in ministry, or you don't 'deserve' to be married, or you don't 'deserve' God's blessings? Even the prayers you make are like, "God I am not good enough, I am not worthy enough, I'm full of mess."

A man of God once said:

"Self-pity is the voice of pride in the heart of the weak. Self-pity says, "I deserve admiration because I have sacrificed so much." Boasting is the voice of pride in the heart of the strong. The reason self-pity does not look like pride is that it appears to be needy. But the need arises from a wounded ego and the desire of the self-pitying is not really for others to see them as helpless, but heroes. The need self-pity feels does not come from a sense of unworthiness, but from a sense of unrecognized worthiness. It is the response of unapplauded pride."

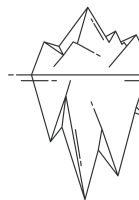
When Peter betrayed Jesus, he was under a lot of guilt and condemnation, which is why he went back to fishing, the very assignment that God had called him out of. Yet we see Jesus appear to Peter after His resurrection and show him mercy. I believe that Peter was genuine in his heart, that's why unlike Judas, he got restored and did great exploits for God's kingdom.

Genuine humility is in being quick to repent and in running back to Jesus.

Genuine humility lies in knowing that your self-worth comes from who you are in Christ and not what you do for Him.

Key to overcome: *Start knowing the heart of God better through His Word. The more you know Him, the more you will know yourself and grow in your identity.*

(If you haven't already, you can download my book **Approval of One** . This book will remind you of who you are and whose voice is greater over your life. It will also give you five practical strategies to fight the enemy's attack on your identity).





DO YOU FIND IT DIFFICULT TO ASK FOR HELP?

Many times people don't humble themselves especially when they need help. They like to isolate themselves trying to figure things out on their own thinking they can handle this by themselves. That's pride because with the humble is wisdom, while lack of humility leads you to disgrace.

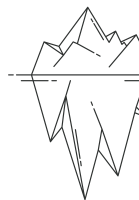
Child of God, you and I are not called to live this life alone. We are called to serve and fellowship together. Isolation will make you an easy prey for the enemy.

So, in the name of humility you say, "Oh, I don't want to trouble anybody" or "I don't want to trouble my leaders", but actually you are withdrawing from your own breakthrough and it can lead to bigger errors in your life.

Proverbs 13:10 NLT says *Pride leads to conflict; those who take advice are wise.*

Wisdom is found in those who take advice - it could be for your marriage, children, business etc. Humility is also staying accountable to your leaders and submitting to them, who keep watch over your soul, as those who will have to give an account (**Heb 13:17**)

Key to overcome: *Always be accountable to your covering. Never isolate yourself, instead serve in the house of God where He has planted you.*





DO YOU STRUGGLE WITH THE ART OF SAYING 'NO'?

A clear sign of false humility is the inability to say 'no'—often driven by a desire to please others, even if it means sacrificing your own comfort. When your self-image and how others perceive you become your highest priorities, the fear of rejection or disapproval can make it hard to stand your ground or challenge someone's perspective.

This is a big red flag—when you're constantly doing things just to please others. It could be for your family, your boss, your relatives or friends.

You tend to approach situations diplomatically rather than being direct, often because you're concerned about how others perceive you. Deep down, you fear that if people see your flaws, they might judge or reject you—and that kind of pain feels unbearable. So, even though you're aware that you're not fully being true to yourself, you choose to hide certain parts of who you are in an attempt to protect yourself.

Beloved, let me remind you that the very purpose you were created was to please your Creator. And it doesn't matter what people think about you, because it was never about them. Don't base your life on others' approval of you.

In **Colossians 2:18- 23**, Paul talks about false humility when you subject yourself to religious duties, which means you do things to please people.

You see, religion is a form of false humility because God is not looking for religion but a relationship. Jesus did not die to start a religion, but He desires to lead you.

It pleases His heart when you humble yourself and say, "Father, it does not matter what other people are thinking or saying about me, but I want to know what your thoughts are and what you want me to do."

Pharisees and Sadducees seemed humble and close to God, but in reality their hearts were hardened as they were more concerned about pleasing people.

Key to overcome: *Learn to value God's Word and God's opinion above the opinion of the people around you. Learn to say take a stand for God and say 'no', even if that means people walking away from you.*





ARE YOU DRIVEN BY FEELINGS?

God wants His children to be led by His spirit and not driven by their feelings. Have you realised: There are times when you 'feel' strong and confident, and yet there are times when you just wanna hide under the bed! You don't wanna to be seen by anybody, you don't wanna be heard by anybody, you just wanna to be by yourself!

In the former situation, you may not necessarily be confident on the inside, but you 'feel' confident. But here is the thing - If you don't deal with what you are struggling on the inside, it's just a matter of time that it will catch up to you. This is what happens with majority of the believers - They come to church, hear the word, and receive strength and confidence into their spirit. But when they go back home and start their week, those mind attacks start again. That's why it is important that you renew your mind daily with the Word of God.

Genuine humility comes from depending on the Word and the voice of the Holy Spirit.

Key to overcome: *Daily take time to feed on the Word of God.*



CONCLUSION

I believe that this resource has helped you to recognise the areas where you need to work on.

Unmask every false humility and pride in your life through the Word of God and be established in knowing who you are. Let genuine humility be your portion, where your heart and your posture is right before the Lord.

As you tackle with this hidden giant on the inside, you will attract God's grace to fly higher this year!

Tiny Mathew



*Thanks for
reading!*

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